

Supporting the Wellbeing of People Experiencing a Trauma Response

Webinar date: Tuesday 2 June 2015

Webinar time: 7.15 – 8.30 pm AEST

Webinar panellists

Mr John Ellis (NSW-based survivor /solicitor providing legal support to survivors)

John Ellis was presented with the honour of the 2014 Australian Lawyers Alliance (ALA) National Civil Justice Award.

John's experiences have been used as an important case study at public hearings for the Royal Commission into Institutional Responses to Child Sexual Abuse. His personal litigation became a catalyst that formed a crucial part in initiating the Royal Commission into Institutional Responses to Child Sexual Abuse and he continues to connect with and inspire survivors of abuse through his ongoing work as a solicitor.

John is a renowned presenter and is a true inspiration to advocates of justice and survivors alike.



Ms Naomi Halpern (Vic-based social worker)

Naomi is director of Delphi Training and Consulting. Over 28 years she has developed expertise in psychotherapy for complex trauma, post traumatic stress disorder, dissociative disorders and related comorbidity, with adult survivors of sexual abuse, rape, gender-based violence and other trauma.

Naomi has a wealth of experience working with people across cultures, socioeconomic groups, faiths and sexual orientation. She provides consultation and training around complex trauma and vicarious trauma to therapists, hospitals, community mental health services, sexual assault centres, law firms and the United Nations.

Naomi is co-author with Dr Colin A Ross, USA, of a treatment manual: *Trauma Model Therapy: A Treatment Approach for Trauma, Dissociation and Complex Comorbidity*, (2009).



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Adjunct Professor Warwick Middleton (Qld-based psychiatrist)

Professor Middleton holds appointments as Adjunct Professor, School of Public Health, La Trobe University, and Associate Professor in Psychiatry at the University of Queensland. He has made substantial and ongoing contributions to bereavement and trauma literatures and he chairs the Cannan Institute.



In 1996 he was a principal architect in establishing Australia's first dedicated unit treating dissociative disorders (the Trauma and Dissociation Unit, Belmont Hospital).

He has had substantive ongoing involvement with:

- research
- writing
- reviewing
- editorial board membership
- teaching (including workshops and seminar presentations)
- conference convening
- supervision of health and research professionals.

Ms Jac Taylor (SA-based coordinator counselling services & Royal Commission support services)

Jac Taylor is the Coordinator of Counselling Services and Royal Commission Support Services at Victim Support Service in South Australia. She has a Master Degree in Social Work, as well as a Bachelor of Arts (majoring in Politics and Public Policy).



For the past decade, Jac has supported people experiencing trauma.

In particular, Jac works with survivors of interpersonal abuse, including child sexual abuse, domestic violence, and sexual assault.

Working from a trauma informed and victims' rights perspective, Jac is a strong advocate for survivors being able to access appropriate supports to recover and seek justice.

**Webinar facilitator
Dr Mary Emeleus (general practitioner)**

Qualifications: MBBS BSc(Med), FRACGP Grad Dip Rural, MMH (Psychotherapy), MASPM

Mary has a mixed psychotherapy/GP role at headspace Cairns, part salaried/part private practice which includes seeing clients for medical, psychological medicine and psychotherapy appointments, and participating in peer supervision, intake and case review activities. She previously worked at headspace Townsville for four years in a similar role and was GP Advisor to Mental Health Programs for Townsville-Mackay Medicare Local.



**Webinar
panellists**

Her professional interests include lifestyle medicine, adolescent mental health, early psychosis intervention, psychological and social approaches to psychosis, and teaching colleagues Psychological Skills adapted to General Practice. Her psychotherapy work is eclectic, with CBT, Psychodynamic, Jungian and Existential influences.

Memberships include Australian Society for Psychological Medicine (www.aspm.org.au) (committee member and principal author of Level 2 FPS training program), RACGP NFSI Psychological Medicine Network, Balint Society of Australia and the International Society for Psychological and Social Approaches to Psychosis (ISPS) (www.isps.org.au).